



The Link

A Newsletter of the Parent Information Center of Delaware, Inc.

Every Child Deserves A Medical Home

by Cathy Cowin—PIC Parent Consultant (NCC)

For families of children with special needs, including chronic, complex healthcare issues, the challenges of raising such children can be overwhelming. Because of the complexity of the needs, families must seek out multiple professionals to help sort out the many issues and develop appropriate plans, whether educational or medical that will help the child lead a healthy and satisfactory life. This entails many office visits to a variety of providers, and mountains of paperwork. It has been the parents' responsibility to maintain and keep track of all records. Parents many times have been left on their own to discover the resources their children need. In addition, the medical needs of these complex children can be financially costly. Parents must often deal with insurance companies' reluctance to provide support for physicians and therapies. Daily living for these families can be filled with frustration and time-consuming events that families with healthy children never have to consider.

What can be done to share the responsibilities and provide families with the support they need to raise healthy, happy children, regardless of health issues? A possibility is the "medical home" concept, which is being promoted in Delaware by the American

Academy of Pediatrics (AAP), Family Voices, Birth to Three, Medicaid, Delaware Public Health Children with Special Health Care Needs (DPH CSHCN) and hospitals. The AAP defines a medical home as the following:

"A medical home is not a building, house, or hospital, but rather an approach to providing health care services in a high-quality and cost-effective manner. Children and their families who have a medical home receive the care that they need from a pediatrician or physician whom they trust. Pediatricians and parents act as partners in a medical home to identify and access all the medical and non-medical services needed to help children and their families achieve their maximum potential...where care is accessible, family-centered, continuous, comprehensive, coordinated, compassionate and culturally competent."

A child who has a medical home will be under the care of one physician who works very closely with the family in a partnership. The physician's role would encompass not only medical services, but would extend beyond, helping families to access educational and community services. Another benefit for the family is that through the phys-

cian, all medical and related records would be maintained. Professionals involved with the child would be able to access information through one central location, giving some respite to the parents to coordinate sharing of pertinent documentation.

According to the AAP, a true Medical Home would contain the following elements:

- **Accessible:** The care would be provided within the child's community. Insurances, including Medicaid would be accepted. If changes were

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Thinking Out LOUD! LOUD! LOUD!

Not finding any words to describe the horror and pain all of us felt this past September 11th, we would like to share with you how two children were able to illustrate and put into words the way many of us are feeling:

A hopeful prayer

Our lives can change in an instant,
as America has seen in a day
Things like these leave us speechless,
without any words to say
But as we all come together,
built up with our tears,
We can only share our compassion,
because we can't uncry our tears
(Poem by Britgli)

(Source: www.kiddonet.com)



(Picture by Chris)

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Maria Mendoza, Vivian Nichols

The staff of the Parent Information Center of Delaware joins the nation in expressing their sadness over the lives lost during the tragic events of September 11, 2001.

Our thoughts are with the
victims and their families and friends...
You will forever be remembered
in our hearts.

A Medical Home *(Continued from page 1)*

necessary, they would be accommodated.

- **Family-Centered:** It would be recognized that the family is the principal caregiver and the center of strength and support for the children. Unbiased and complete information would be shared on an ongoing basis.
- **Continuous:** The same pediatric health care professionals would be available from infancy through adolescence. There would be assistance with transitions, involving school, home and adult services.
- **Comprehensive:** Health care would be available 24 hours a day, 7 days a week. Preventive, primary and tertiary care needs would be addressed.
- **Coordinated:** Families would be linked to support, educational and community-based services. The information on the child would be centralized.
- **Compassionate:** Concern for the well-being of the child and the family would be expressed and demonstrated.
- **Culturally-Competent:** The family's cultural background would be recognized, valued and respected.

In order for the elements to be successfully established in a true Medical Home, it is essential that appropriate training be provided. Children with special health care needs (CSHCN) and their families have very unique circumstances. Without proper training, the medical home may not be able to deliver appropriate services. On June 22, 2001 at the Virdin Center in Lewes, Delaware, the first training session in our state was conducted. This event was an accumulation of many years of hard work on the part of dedicated professionals and CSHCN family members. According to Dr. Julia Pillsbury, President of the Delaware Chapter of the AAP, the DE Chapter "has worked collaboratively with the Delaware Department of Health and Human Resources (DHHS) Medicaid and the CSHCN program to develop a model for all CSHCN to receive care in a Medical Home setting. This project has been in various phases of development since 1993. We are pleased to state that it has been formalized in the current Medical Managed Care contracts effective July 1, 2001." With coop-

eration of Medicaid, physicians in Delaware who have actively participated in the training and become certified Medical Homes, will receive increased reimbursements for their services.

Another training session is scheduled for November 6, 2001 at the Alfred I. duPont Hospital for Children in Wilmington, DE. These two training sessions were made possible by a \$5000.00 AAP CATCH grant given to the DE Chapter of the AAP to develop the Medical Home Training Program in Delaware. Although the pediatrician is viewed as the main 'case manager' for a family, it is very important that all groups of individuals that are involved with special health needs attend the training sessions. This includes parents, educators, government officials, insurance administrators, attorneys, hospital social workers; foster care providers, day care providers, office staff of health care professionals and pediatric subspecialists. The training objectives are the following:

- Explain the elements of the medical home concept as applied to the practice environment or child's care.
- Understand the concepts, skills and information necessary to successfully care for children with special health care needs who are enrolled in managed care organizations.
- Accurately describe updated general information, trends and developments in caring for children with special health care needs.
- Be able to identify programs in the community that serve children with special health care needs.
- Be able to assess and improve pediatric office practices to assure that they are sensitive to families of children with special health care needs.

The Delaware Chapter of the AAP is also actively pursuing another grant to expand the program. The goal of the \$10,000 grant is to develop provider and parent materials and a Family Satisfaction Tool. The hope of the Delaware Chapter is that the tool will be utilized to further develop and improve the Medicaid Medical Home Project. Dr. Pillsbury states "it is our ultimate hope that the insurance industry will recognize the value of the

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A Medical Home (continued from page 3)

Medical Home Program to all children and will incorporate it into their commercial products as well."

At the national level, the AAP is promoting the medical home for all children in every state. Through a five-year agreement, initiated in 1999, with the Health Resources and Services Administrations' Maternal and Child Health Bureau (MCHB), a National Center of Medical Home Initiatives for Children with Special Needs has been established in the AAP Department of Community Pediatrics. Through the national center a training program has been developed and is available to be used nationwide. In addition, screening programs, technical assistance, advocacy materials and a national contact network of individuals who have first hand knowledge of successfully implementing a medical home is provided.

It has been found that children without a medical home are at a higher risk for poor health. In a January 20, 2000 press release from the AAP, it was estimated that "11 million - or 1 in 7 - children younger than age 19 are uninsured and lack access to a routine source of primary care. This figure includes children with special health care needs. Studies show that as many as 20 to 30 percent of all children - or more than 22 million - have chronic conditions. Among the children with chronic conditions, even those who do have a primary care physician may not have a "medical home" due to restrictions set by their insurance providers."

For the many families that experience the challenges of raising a child with special health concerns, it should be encouraging to see this trend in medical care. Beth MacDonald, Delaware's state coordinator for Family Voices, a grassroots organization for families with special health concerns, shared her own experiences with her daughter, Lizzy and helps to summarize the importance of a Medical Home:

" In April of 1990, it took a coordinated effort of a network of physicians, home health care workers, durable medical suppliers and family members to bring 10 month old Lizzy MacDonald home from

the hospital. It seemed obvious to all involved that working together would be necessary to provide the best standard of care for this baby who had a gastrostomy tube and was totally ventilator dependent. We were utilizing the Medical Home concept even before it had an official name. Why? Because it was the obvious best plan for coordinated care. Today Lizzy's care needs are far less involved, yet the Medical Home concept continues to work best for our family. It now includes the school nurse and her school para professional. The Medical Home concept afforded me, as Lizzy's parent, the opportunity to build a respected working relationship with all of Lizzy's health care providers. My family was fortunate to have a team dedicated to this then unnamed concept. Today every family in Delaware who has a child with a special health care need will be able to benefit from the coordinated care principals of the Medical Home Program. As Family Voices State Coordinator, I am proud to work with our Delaware team as we implement the Medical Home Program." *Please note: The American Academy of Pediatrics (AAP) is an organization of 55,000 primary care pediatricians, pediatric medical sub specialists and pediatric specialists dedicated to the health, safety and well-being of infants, children and adolescents and young adults.*

Medical Home Training Session

Tuesday, November 6, 2001

A.I. DuPont Hospital for Children, Wilmington
More information: Katie Hamilton, Exec. Dir.
Delaware Chapter of the AAP
778-3908 or e-mail: katiehamilton@juno.com

Additional Resources:

- *Medical Home Program for Children with Special Needs* at 800/433-9016, ext. 7081.
- *American Academy of Pediatrics* web site: www.aap.org
- *Family Voices* web site: www.familyvoices.org or phone 1-888-835-5669
- *Family Voices/DE*, State Coordinator Beth MacDonald, email at bmacdonfv@juno.com

Problem Behaviors...No More!

The *Regional Intervention Program (RIP)* has, since 1969, trained parents to work effectively with their young children who have challenging behaviors. A 25-year study has followed the children from toddler age to adulthood.

The program uses experienced parents to teach new parents positive behavior management skills. Training and support is coordinated by a professional resource staff person.

Children age six or younger are eligible for the program, which targets behaviors such as tantrums, aggression, bedtime problems, screaming, extreme stubbornness, mealtime problems, not following directions, and destructive behavior.

Parents practice what they have learned by working with their children and receive supportive feedback. Additional services of *RIP* include classroom programs and social skills training to teach children appropriate behaviors, consultation with teachers and follow-up services for families who complete the program.

Parents learn to:

- Monitor their child's activities
- Ignore problem behavior and reward desired behaviors
- Help their children manage behavior by themselves
- Work with other important adults in the child's life to reinforce appropriate behavior
- State expectations in advance
- Present limited, reasonable choices
- Stay under control
- Say, "When you (do the expected behavior), then you will (receive the reward or privilege that goes with the appropriate behavior)."

Research shows that aggression in young children tends to persist strongly over time unless successful intervention takes place before the end of Grade 3. Findings indicate that the *RIP* strategies are effective and enduring in altering the behavior of chil-

dren with problem and aggressive behavior. As preschoolers, the children in the study had exhibited severe and prolonged tantrums, continual opposition to adults' requests and commands, and physical aggression toward their parents.

Years after receiving intervention these children:

- Complied with parental requests 82% of the time
- Interacted positively with their parents 97% of the time
- Were appropriately engaged an average of 90% of unstructured time
- Were appropriately engaged in class work an average of 85% of structured time
- Responded positively to teachers' requests 89% of the time
- Behaved in a way that could not be distinguished from class peers with no history of behavioral problems
- Showed that the earlier they were enrolled in *RIP*, the more positive was the impact on behavior at school and at home.

After completing the *RIP*, these children (now in their mid-20's, early 30s) have, for the most part, gone on to lead full and productive lives. All but one completed high school and are currently employed. During adolescence, one experimented with marijuana and one was involved in the justice system for theft. None was identified for special education or as emotionally disturbed. There were no reports of any of these children ever engaging in aggression toward parents, peers or teachers after completing the program. A large number went to college and graduate school.

The parents of these adult children describe them as caring, loving, and sensitive in their relationships. Many of them also report their children's increased self-confidence, lowered family stress, and a more positive outlook for the future.

*To learn how you can arrange for
RIP training,
please see page 10.*

PARENT PAGE

HOPE - By Eva M. DeVincentis

There was a little girl. Blonde hair, blue eyes, petite, a smile that could melt your heart. Throughout her childhood she was destructive to herself and others. When angry or frustrated she would scratch herself until she bled or would bang her head against the wall. She could destroy a single room in less than sixty seconds. By the age of 13 she was sexually active. By age 14 she had tried almost every illegal drug. By the age of 15 she had been raped fifteen times and had sex with countless men. By age 16 she had thoughts of suicide on a regular basis. She was pregnant three times by the time she turned 17. The third baby she insisted on having. A baby girl, named Brittney, born to two teenagers, a young mother with bipolar disorder and a young father with a drug addiction.

If you have a child with a mental illness, the above paragraph might be what your child is doing now or where you'd think your child might end up. It sometimes seems that all hope is lost. With disorders such as bipolar disorder, one might think that the chances of your child ever living a normal life are slim to none. As a parent, you are afraid of where your child may end up; a prison, mental institution or drug rehab. While other parents prepare their child for college, you can only hope that your child will make it through high school.

There was a woman. She was 23. Blonde hair, blue eyes, petite. She had two children. Brittney, age 5 and Anthony, age 1. Her first husband, Brittney's father, Ryan, passed away at age 27 of unknown causes. Her second husband, Anthony's father, is currently incarcerated for the remainder of his son's childhood for a violent crime committed against her. And now she is alone. A single mother of two children. Destined to fail.

Typically after reading the above paragraphs, it is almost obvious where this woman is heading in life. Probably where we believe our children are headed. Her chances of survival or living a "normal life" are slim. Left to care for two children alone for the rest of her life. Left to live with a disorder that has taken her down so many dark paths. What kind of future could there possibly be? It is believed that people with mental illness cannot overcome hardships and cannot survive tragedies. Are you worried about your child? Are you afraid of challenges they may have to face? Can they make it?

Hello. My name is Eva. I am a 26 year old woman. I have Bipolar disorder. I have two lovely children. Brittney is my beautiful daughter who is now 8 years old and also has bipolar disorder. She is an honor roll student, a two-year gymnast and enjoys Girl Scouts. Anthony is my "big boy", who is now 4 years old and has ADD. He is a great T-ball player and loves being the "big man of the house". I own a lovely home in Glasgow Delaware and I

FAMILY SUPPORT NETWORK

Parent Led Monthly Meetings for Families

The Family Support Network provides an opportunity for families of children with special needs to talk to one another and gather information and ideas.

* Meet other parents whose children have special education and mental health needs * Develop skills to change "the system" * Learn how to advocate * Make new friends * Snacks/beverages provided

New Castle County Meetings

Contact Vivian Nichols 366-0152

10/15/01 Monday, 7-9 pm (Kirkwood Library)

11/19/01 Monday, 7-9 pm (Bear Library)

Kent County Meetings—PIC office, Dover

Contact Earlene Jackson 674-0184

10/10/01 Wednesday, 6-8 pm

11/14/01 Wednesday, 6-8 pm

Sussex County Meetings—PIC office, Georgetown

Contact Kim Beauchamp 856-9880

10/16/01 Tuesday, 1-2 pm

11/20/01 Tuesday, 1-2 pm

12/18/01 Tuesday, 1-2 pm

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RESOURCES

The following resources just arrived and are waiting for you at the PIC library!

Accessing the General Curriculum, Including Students with Disabilities in Standards-Based Reform, Nolet, Victor & McLaughlin, Margaret, 2000, This book presents a framework and strategies for all K-12 teachers in inclusive environments.

Disability is Natural: Revolutionary Common Sense for Raising Successful Children with Disabilities, Snow, Kathie, 2001, User friendly book presenting information to assist children with disabilities in achieving their dreams.

Disability is Natural: Revolutionary Common Sense about People with Disabilities, Snow, Kathie, 2001, Video presents new ways of thinking about people with disabilities.

Essence of Interdependence, The, Condeluci, Al, 1995, This book provides views about inclusion in the community.

House For All Children, A: Planning a Supportive Home Environment for Children with Disabilities, Olsen, Richard & Hutchings, B. Lynn, 2000 Book accompanies video of the same name. This book contains detailed recommendations and resources for home modifications along with practical advice for raising a child with a disability.

House For All Children, A: Planning a Supportive Home Environment for Children with Disabilities, Olsen, Richard & Hutchings, B. Lynn, 2000, Companion video to the book of the same name.

Job Seeking Skills for People with Disabilities, National Center on Deafness, 2001, This student handbook provides basic information on career setting goals and employment information for job seekers.

Making Assessment Accommodations/La adaptacion de las evaluaciones, IDEA Partnerships, 2000, Presents an overview of the most commonly requested assessment accommodations.

Opening Doors: Connecting Students to Curriculum, Classmates and Learning, Shaffner, Beth & Buswell, Barbara, 1999, Book for teachers, parents, others about including all students in general education classes and activities.

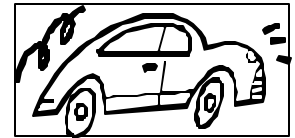
Teaching Students with Disabilities to Read, Denton, Carolyn & Hasbrouck, Jan, 2000, Series of booklets make up this teaching aid for students with disabilities. (8 Booklets)



"WE ARE CAPABLE OF SO MUCH!
Don't give up HOPE!"
Eva M. DeVincentis

HOPE (continued from page 6)

just bought my 3rd new car, a 2001 Honda Civic, which I love to drive! Last year I was an active member of PTA and the home-room mother for my daughter's school. My children both attend private school in a regular classroom. I have a Real Estate License and countless certificates. I currently work as an Executive Assistant for a large Delaware company. I have my hands in everything possible involving myself, my children and our mental health. Look out world, I'm only 26 and I'm just getting started. Just because you or your child suffers from a mental illness, doesn't mean they can't overcome the disease. It may be a harder road but that just makes us stronger people.



Disability Related Groups for Support, Information & Advocacy

NEW CASTLE COUNTY

Appoquinimink Special Education Support Group Parent mutual support group. Call for meeting times and location. Yvonne Coleman (302) 378-4574 Ellie Laws (302) 653-6375 yfcol@aol.com OR elaws@aol.com

Arc of Delaware (Association for the Rights of Citizens with Mental Retardation in DE) Self-Advocacy Group - DE People First. One meeting each month - date/time varies, please call for information. Employment, Housing, Friend-to-Friend. Rita Mariani, Exec. Dir. (302) 996-9400

Brain Injury Association of Delaware Meets 3rd Thursday of the month (Jan-Nov) at 7:00 p.m. at Christiana Care Health System in Room 110. Margie/ John Goodier, Facilitator (302) 378-3035, (800) 411-0505

Children & Adults with Attention Deficit/Hyperactivity Disorders (CHADD) Brandywine Valley Chapter Meets 2nd Thursday of each month except August & December at DuPont Hosp. for Children, Rockland Rd., Wilmington. Newcomers at 6:45 with both the parent and adult support groups mtg at 7:30 p.m. Cindy Joye (302) 376-0900, brandyw_chadd@yahoo.com

Children & Adults with Attention Deficit/Hyperactivity Disorders (CHADD) Greater Newark Chapter of CHADD Adult and parent Support Group meets 3rd Tuesday of the month 7:00 p.m.-United Church of Christ (UCC), Main Street, Newark, DE (old police station). Meetings feature a speaker presentation and or group discussion. Presentation on ADHD to interested groups. Ruth Wolfe (302) 737-5063, newarkchad@aol.com, <http://www.chadd.org>

Children & Families First Support groups for Grandparents, parenting classes, Parent & Child ADHD group. Call for meeting dates/times. (302) 658-5177

Delaware Assistive Technology Resource Center Provides hands on access to the latest assistive technology and information resources. Equipment is available for short-term loan. Maureen Schweitzer, Coordinator (302) 328-2872, (302) 328-2905

Delaware Chapter of the American Society for Deaf Children Affiliate of national organization. Main goals are to distribute information, provide educational and emotional support. Joanne Koston (302) 731-4879 Voice & TTY

Delaware Learning Resource System Provides educational material and services to help educate children, including those with special needs. Please call for hours. (302) 831-8148

Disabilities Law Program Provides free legal assistance to individuals with disabilities in civil areas of law. Brian Hartman (302) 575-0660, (800) 292-7980

Easter Seal Society of Del-Mar Medical rehabilitation, independent living services, camping & recreation opportunities, vocational and educational services, other. Sandra Tuttle, President (302) 324-4444

Family Forum For families of children with developmental delays and disabilities, ages birth to five years. (302) 577-4556

Family Support Network For families of children/youth with mental/behavioral health needs. Meets monthly. Exciting presenters and fun activities, contact Vivian Nichols at PIC/DE 366-0152

National Multiple Sclerosis Society Offers information and lending library, assists in service referrals. Sharon Saunders (302) 655-5610 sharon.sanders@nmss.ded.org www.skycon.com/mssdel

National Reye's Syndrome Foundation (Delaware Chapter) Provides information on Reye's Syndrome Arthur/CarolLee Patch (302) 478-3624

Parents of Children/Adolescents with Mental Illness Meetings held 3rd Thursday monthly, Cedar's Church of Christ. Mike/Judy Barker (302) 998-7684

Parents of Emotionally Disturbed Youth Support Group (PEDY) Provides support, referrals, and education to parents of emotionally disturbed youths. Connie Williams (302) 737-8522

Tourette Syndrome Support Group Meetings held 3rd Wednesday monthly, 7:00 p.m., Aldersgate United Methodist Church, 2313 Concord Pk.(Rt. 202) Room 132, Wilmington. Jean Deerlove (610) 274-2321, Joy D'Avanzo (302) 999-1916

United Cerebral Palsy of DE Offers support, advocacy, and referrals for children with Cerebral Palsy and other disabilities; operates a summer camp and client assistance program. Bill McCool/Marge Turner (302) 764-2400

KENT COUNTY

Arc of Delaware (Association for the Rights of Citizens with Mental Retardation in DE) Mary Horn, Ofc. Mgr. (302) 736-6140

Brain Injury Association of Delaware Meets 2nd Tuesday of the month (Jan - Nov) 7:00 p.m. at Kent General Hospital Outpatient Therapy Facility. 560 S. Governors Avenue, Dover. Rusty/Marilyn Sheridan, Facilitator (302) 653-9433 www.biausa.org/Delaware/bia.htm

CHILD, Inc. Education Department Education Department handles Parent Education Classes and home visits. Donna Todd, Coordinator (302) 697-2292 Lynette Lee (302) 697-0411

Delaware Assistive Technology Resource Center Provides hands on access to the latest assistive technology and information resources. Equipment available for short-term loan. Hours: 8:30-4:30 Alma Cordero (302) 739-6885, (302) 739-6886 TDD

Delaware Learning Resource System Provides educational material and services to help educate children, including those with special needs. Hours Mon.-Thurs. 8:00 a.m. to 7:00 p.m., Fri. 8:00 a.m. to 4:00 p.m. Summer hours differ - please call first. Beverly Bresnahan (302) 672-1958, (302) 672-1959

Disabilities Law Program Provides free legal assistance to individuals with disabilities in civil areas of law. Christopher White (302) 674-8503, (800) 464-4357

Easter Seals Rehabilitation Center Independent living and outpatient rehab services. (302) 678-3353, (302) 734-2888

Epilepsy Foundation of Delaware Support & Educational Presentations. Millsboro Easter Seals-Information and Referral Only Carol Hudson 674-9857, FAX 934-9868 Support and Educational presentations. Millsboro Easter Seals-Information and Referral Only Carol Hudson 674-9857, fax 934-9868. Support group meetings held 2nd Monday of every month. Donna Goldsborough, RN, MSN (302) 674-7135 dgoldsborough@kgh.bayhealth.org

Exceptional Family Member Program, Family Support Center A mandatory enrollment/identification program for active duty personnel who have family members with exceptional medical, psychological, developmental, or educational needs. The program assists in assigning an active duty member to an area where his/her exceptional family member's special needs can be met. Family Advocacy Office (302) 677-2711

Family Forum-Birth to Three Early Intervention System Family Forum meets monthly in various locations throughout Kent and Sussex Counties. To join the mailing list for flyers, contact Sandy Ward (302) 422-1335, sward@state.de.us

Family Support Network For families of children/youth with mental/behavioral health needs. Meets monthly. Exciting presenters and fun activities, contact Earlene Jackson at PIC/DE 674--0184

National Multiple Sclerosis Society Mon./Wed/Fri. -11:00a.m. 1:00 p.m. Provides information and support group meets at Kent General Hospital in General Foods Conference Room. Call for times. Regina Byers (302) 698-0847

United Cerebral Palsy of DE Offers support, advocacy, and referrals for children with cerebral palsy and other disabilities; operates a summer camp and client assistance program. Carma Carpenter (302) 335-5626

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SUSSEX COUNTY

Arc of Delaware (Association for the Rights of Citizens with Mental Retardation in DE) Need not be a member to receive services. Carol Reid Hall, Outreach Coordinator (302) 856-6019

Brain Injury Association of Delaware Meets the 4th Tuesday of the month (Jan-Nov) at Wesley United Methodist Church, 102 E. Laurel and Race Street, Georgetown, 7:00 p.m. Eve Tolley, Facilitator (800) 411-0505, (302) 537-5770
www.biausa.org/Delaware/bia.htm

CHILD, Inc. Education Department Education Department handles Parent Education Classes and home visits. Promotes parental involvement in education. Kimberly Rodriguez (302) 424-0624, krodriquez@childinc.com

Delaware Assistive Technology Resource Center Provides hands on access to the latest assistive technology and information resources. Equipment is available for short-term loan. Hours of operation - Monday to Friday 8:30 a.m. - 4:30 p.m. Sandy Walls (302) 856-7946, (302) 856-6714 TDD, swalls@gt.esdel.org

Delaware Learning Resource System Educational materials for borrowing. Materials include all subjects and levels birth through adult. Collection includes books, games, toys, videotapes, manipulatives, audio cassettes, software, etc. Debra Lloyd (302) 855-1649, dlloyd@outland.dtcc.edu

Disabilities Law Program Provides free legal assistance to individuals with disabilities in the area of civil law. Patricia Shipe (302) 856-0038

Easter Seal Society of Del-Mar Cathy Anderson, Director (302) 856-7364
Family Support Network For families of children/youth with mental/behavioral health needs. Meets monthly. Exciting presenters and fun activities, contact Kim Beauchamp at PIC/DE 856-9880

United Cerebral Palsy of DE Offers support, advocacy, and referrals for children with cerebral palsy and other disabilities; operates a summer camp and client assistance program. Carma Carpenter (302) 335-5626

STATEWIDE

Adoptive Families with Information and Support (AFIS) Provides support to families during all phases of the adoption process including pre-adoptive information. Call for meeting dates/times. Mary Jo Wolfe (302) 239-6232, AFIS@delanet.com

Alliance for the Mentally Ill in Delaware (AMID) Offers advocacy, support and housing information for individuals with mental illness & their families. Meetings for support groups are held in all three counties. Call for meeting dates/times. Allan Williams, Program Director (302) 427-0787, Oya Alatur (888) 427-2643 x21

Architectural Accessibility Board Reviews all construction plans and documents for state facilities, facilities that receive state funds, and state leased facilities in regard to accessibility issues. Dan Muterspaw (302) 739-5644

Autism Society of Delaware Support and information for parents of children with Autism/PDD. Meetings are held the 12th of every month, 7:00 p.m. Special Olympics Office (meet 4 times per year in Dover). Lending library, speakers, conference, public awareness efforts. Artie Kempner (302) 777-7273 delautism@aol.com www.wserv.com/delautism/

Center for Disabilities Studies Theda Ellis (302) 831-6974 tellis@udel.edu

CHILD, Inc. Statewide parent education, home visiting, and counseling. Specialized services for families experiencing divorce, separation or domestic violence. WARMLINE 800-874-2070 - confidential telephone support service for parents of children birth to 18. Also provides referrals to community services. Lori Sitler, Director (302) 762-8989

CHILD, Inc. Foster Care Foster Care Department handles foster care and foster care support groups. Kathy Roe (302) 424-0624

Client Assistance Program (CAP) CAP assists persons who are seeking or receiving rehabilitation services with questions or problems they may encounter. Teresa Gallagher, Director (302) 698-9336 Melissa Shahan (800) 640-9336

Coordinating Council for Children with Disabilities Promotes coordinated action among all service providers and organizations concerned with

disabilities in Delaware. Robert Piech (302) 654-6987

Council for Exceptional Children (CEC), Delaware Federation Advocacy and support to parents and professionals in the education of exceptional persons. Annette Maymar (302) 684-8516

Delaware Assistive Technology Initiative (DATI) Statewide - (800)870-DATI Information, referral, training & technical assistance, loan program. DATI fosters increased access to assistive technology devices and service for all Delawareans with disabilities. DATI provides information about products and services, advocates for more consumer-responsive laws and policies, and helps individuals locate sources of funding for AT. DATI maintains 3 Assistive Technology Resource Centers (ARTC). Beth Mineo Mollica, Dir. (302) 651-6790 (302) 651-6794 TDD, www.asel.udel.edu, dati@asel.udel.edu

Delaware Association for the Blind Provides services that improve the quality of life for individuals who are blind or visually impaired. (302) 655-2111

Delaware Association of Rehabilitation Facilities (DELARF) Information and advocacy for adult service providers. Barbara McBride (302) 378-7460

Delaware Special Olympics Sports training for eligible participants in 14 different athletic pursuits; organized competitions. Ann Grunert (302) 831-4653

Delawareans with Special Needs, Medicaid Managed Care Panel A parent run group which meets monthly to address health issues and services for our children. Gail Launay (302) 226-5232

Developmental Disabilities Council To assure that individuals with developmental disabilities receive services, supports, and other assistance and opportunities that promote independence, productivity and inclusion in the community. Meetings open to the public - call for times. (302) 739-3333, TDD

Down Syndrome Association of Delaware, Inc. Support & information for families of a person with Down Syndrome. Call for information on meeting location, date, time. Theresa Moore, President (302) 239-2860, Marni Hansel, Outreach Director (302) 996-9400

Early Intervention Program (DMR) Offers developmental testing and care management. Is a member of the Child Development Watch Team. Nancy Colley, Director (302) 995-8576, ncolley@state.de.us

Educational Surrogate Parent Program Recruits, trains, and supports volunteers who represent children in state custody who receive special education services. Faith Moore (302) 577-3545, fmoore@state.de.us

Epilepsy Foundation of Delaware EFD educates and supports individuals with epilepsy and their families. Support groups are available. EFD increases awareness of epilepsy in the general community and facilitates prevention and management of epilepsy. Also provide educational programs for schools, workplaces and community groups to increase awareness of epilepsy. Barbara Blair, RN (302) 324-4455, (800) 324-4514

Governor's Advisory Council for Exceptional Citizens Provides advocacy for people with disabilities. Wendy Strauss (302) 739-4553

Governors Council on Deaf Equality Provides advocacy and information to members of the deaf community and their families. Kyle Hodges (302) 739-3673

Independent Resources, Inc. Resource center for persons with disabilities and the communities in which they reside. Satellite offices in Kent County (302) 735-4599 and Sussex County (888) 561-2120 Larry Henderson (302) 765-0191, (302) 765-0194 TDD, Lhenderson@IndependentResources.org

Leukemia & Lymphoma Society Offers free educational materials - Leukemia, Hodgkins Disease, Multiple Myeloma, Lymphoma. Sharon Schuh (302) 661-7300, (800) 220-1617, www.de.leukemia-lymphoma.org, schuh@de.leukemia-lymphoma.org

March of Dimes Birth Defects Foundation Offers programs, educational services, research, advocacy for the prevention of birth defects and the improvement of maternal and infant health. Cathy Kanefsky (302) 225-1020, www.modimes.org.

Mental Health Association of Delaware Offers support, advocacy and information. Diane Treacy (302) 765-9740, (800) 287-6423

Nurses 'N' Kids at Home Provides "Prescribed Pediatric Extended Care" to medically/technologically dependent children; prescription from primary physician required. Statewide services available. (302) 323-1436, (302) 424-4467

Prader-Willi Syndrome Delaware Association Provides information and support to families, teachers, caregivers, and physicians. Meetings held monthly,

Continued on page 10

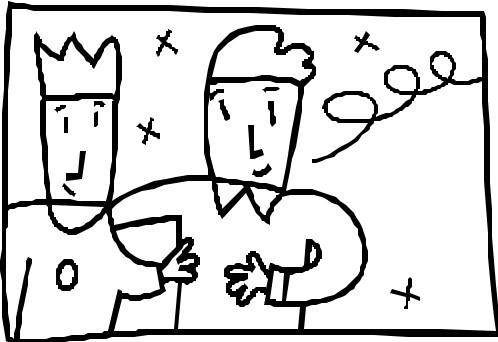
call for details. Karen Swanson, RNC (302) 836-6213, Becky Trump 302)791-0102

Reading Assist Institute Support for parents of children with reading difficulties; lending library - Suite 910 in Community Services Building. Volunteer tutoring teams in local schools. Limited referrals for private tutoring. Teacher training center for research-based multisensory structured language instruction. Lisa Simon (302) 425-4080, Ruth Baxter, readinfo@projectassist.org

Spina Bifida Association of Delaware To promote the prevention of SB and to enhance the lives of all affected. Provides seasonal newsletter and social activities. Call for support group meeting dates/times. Karen Basara, sbaofde@juno.com, www.angelfire.com/de/sbaofde

State Council for Persons with Disabilities Provides advocacy for and reviews issues related to disability. Bob Osgood, Chairman (302) 739-3613, Kyle Hodges

Supported Employment Program, Division of Vocational Rehabilitation Provides services related to supported employment such as job coaching, training, and follow-up services. Office hours: M-F 7:00 a.m. to 5:00 p.m. (302) 761-8275



The Regional Intervention Program (RIP) Expansion Project provides services to aid in the development and operation of Regional Intervention Program replication sites. Training is conducted at the Regional Intervention Program facility in Nashville, Tennessee. The training cycles are six weeks in duration for prospective staff from new sites. Each replication site must address specific community needs and be prepared to accommodate special local circumstances. At the same time, each site must incorporate essential elements of the RIP model in its design and operation. The RIP Expansion Project is available to provide continued assistance in program development and conducting ongoing training activities, meetings, and conferences.

Further information can be obtained by contacting:

Regional Intervention Program (RIP)
3411 Belmont Boulevard, Nashville, TN 37215
615-963-1177 voice, 615-963-1178 fax or
rip@mail.state.tn.us

Ready for School Checklist

This checklist, although not exhaustive, can help you in preparing your child for school. It's best to look at the items included as goals toward which to aim. Remember that all children are unique. They grow and develop at different rates - and no one thing guarantees that a child is ready for school.

Good Health/Physical Well-Being—My child:

- ♥ Runs, jumps, plays outdoors and does other activities that help develop large muscles and provide exercise
- ♥ Works puzzles, scribbles, colors, paints and does other activities that help develop small muscles
- ♥ Gets plenty of rest

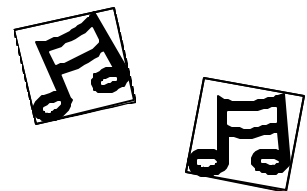
Social/Emotional Preparation—My child:

- ♥ Is learning to work well alone and to do many tasks for himself
- ♥ Has opportunities to be with other children and is learning to cooperate with them
- ♥ Is learning to finish tasks (ex. picks up own toys)
- ♥ Is learning to use self-control
- ♥ Can follow simple instructions
- ♥ Helps with family chores
- ♥ Is curious and motivated to learn

Language/General Knowledge—My child:

- ♥ Has access to books and other reading materials
- ♥ Is encouraged to ask questions
- ♥ Has opportunities to notice similarities and differences
- ♥ Is encouraged to sort and classify things (ex. looking for red cars on the highway)
- ♥ Is learning to count and play counting games
- ♥ Is learning to identify shapes and colors
- ♥ Is learning to write his name and address
- ♥ Has opportunities to draw, listen to and make music and to dance

(Source: U.S. Dept. of Education)



LEGISLATIVE UPDATES



The **twenty second annual report** to congress on the implementation of the Individuals with Disabilities Education Act is now available on line at: www.gov/offices/OSERS/OSEP

This report marks the 25th anniversary of the passage of PL 94-142, the Education of All Handicapped Children Act of 1975. Annual reports published since that time have informed Congress and the public of the steady progress made in implementing the Act and reflect a history of persistent commitment and efforts to expand educational opportunities for children with disabilities. This landmark anniversary of the IDEA is a good time to consider this important law and its history, to acknowledge the progress that has been made, and to look forward to challenges ahead.

(We recommend this report to all parents and educators of children with disabilities especially to those whose children are still young and who have not seen for themselves how far we have come in just a quarter of a century.)

A new law in Delaware now allows grandparents and relative caregivers raising relatives' children without legal custody or guardianship to authorize medical treatment. Eligible individuals must complete and have notarized the Caregivers Medical Authorization Affidavit in order to approve medical treatment for a relative's child. You can obtain this form from the following places: Public health clinics and services centers, the division of Services for Aging and Adults with Physical Disabilities (DSAAPD) at www.DSAAPD.com Phone: NCC: 577-791, or statewide: 1-800-223-9074, or the PIC 1-888-547-4412.

Still don't know much about the Ticket to Work legislation? (Work Incentives Improvement Act, the LINK Winter 99) Go on line at www.ssa.gov or contact the DE Division of Vocational Rehabilitation at 761-8275.

YOUNG ADULTS are being heard: The presidential taskforce on the **Employment of Adults with Disabilities** is establishing a 15 member Youth Advisory Committee and is seeking nominations to it. The nominees sought must be between 14 and 18 and willing to serve at least until July 26, 2002. They must also represent a cross-section of disabling conditions, localities and viewpoints. Contact Richard Horne, Senior Policy Analyst 202-693-4939.

The Elementary and Secondary Education Act is still not on the President's desk. After months of debates and amendments, the ESEA is currently in conference. There is great concern on the part of families that the Act may leave the conference committee without provisions for Parent Centers. Please contact us at the PIC so that we can enlist your help and support.

Senator Jeff Sessions (R-AL) offered an amendment to section 619 of the IDEA that proposes that school authorities can remove students from school and cease to provide services if they deem that the student's actions/misbehavior is not connected to a disability. This amendment is contained in the ESEA and passed both the House and Senate. Congressman Michael Castle (R-DEL) who serves as the Chairman on the Subcommittee with jurisdiction over IDEA stated that he wishes to consider this amendment more fully next year when the IDEA is up for reauthorization.

OSERS Hails a New Leader: Robert Pasternak has been appointed as the Assistant Secretary of Special Education and Rehabilitative Services of the US Dept. of Education, a position held by Judith Heumann under the Clinton Administration. Robert Pasternak is the former state director of special education at the New Mexico Dept. of Education. Among other positions held, Mr. Pasternak also served as the CEO of Casa de Corazon, a children's comprehensive mental health center in NM.

Mark Your CALENDAR For These Events

For weekly updates, please visit our website at www.picofdel.org

Delaware Events

September 21, 2001 10:00 – 3:00 p.m., Smyrna Municipal Park, 504 N. Main St., Smyrna **Developmental Disabilities Council 1st Annual Disability Awareness Day Picnic** Free food and beverages. Join in the fun. Must pre-register by calling 302-739-3333.

September 22, 2001 11:00 – 3:00 p.m., Rodney Square, Wilmington **Wilmington Wellness Day 2001** Event will include – health information booths, screenings and assessments, entertainment, food and prizes. For more info call 302-428-4277.

October 7, 2001 A.I. duPont Hospital for Children, Wilmington, **5K Run/Wall/Roll** benefiting the Spinal Bifida Association of DE Contact 478-4805.

October 13, 2001 Del. Technical & Community College, Shipley St., Wilmington **24th Annual Parent Conference “A Vision of a Successful Working Partnership”** Sponsored by the Delaware State Parent Advisory Council, all parents are invited, workshops include – “What is Title I and How it Works”, “Parental Involvement”, “Technology” and more. While parents are at the conference, their children will attend FREE workshops at Hilltop Lutheran Neighborhood Center with breakfast and lunch provided. For information contact 302-798-6574.

October 13, 2001 8:30 am—1:00 pm. A. I. duPont Hospital for Children, Wilmington, **Annual Spina Bifida Conference**, Transition to adult care; Neuropsychological testing; Neurosurgical needs of adolescents/young adults. For information contact 478-4805.

October 16, 2001 7:00 p.m. Greater Newark Chapter of CHADD, NewArk Church of Christ 300 E. Main Street, Newark **Psychoeducational Testing: What the Results Really Mean, Har-**

ris Finkelstein, Ph.D. – Monthly Meeting .

October 24 & 25, November 7 & 8, December 5 & 6, 2001 9:00 - 4:00 pm, Dover State Fire School, **Dover Supported Employment Training** (A Center for Disability Studies Certification Program) Contact Mike McGarity at 761-8275.

November 10, 2001 8:30 - 12 Noon, U of D Trabant Center Room 209-11, Newark **“Epilepsy & Multiple Disabilities: Keeping the Family Whole & Functional”** Epilepsy Foundation of Delaware presents informative session. For more information call 324-4455.

November 13, 2001 8:00 – 4:30 p.m., Clayton Hall, Newark **“Dream Together – Share the Future” Delaware’s Summit on Living Well with a Disability** Join us for information about Assistive Technology, Health and Wellness Organizations, Vendors and Exhibitors. For more information call 302-577-4791.

November 20, 2001 7:00 p.m. Greater Newark Chapter of CHADD, NewArk Church of Christ 300 E. Main Street, Newark **The Latest Research & Updates on Medications for AD/HD and Coexisting Disorders, Karl McIntosh, MD** – Monthly Meeting.

January 15, 2002 7:00 p.m. Greater Newark Chapter of CHADD, NewArk Church of Christ 300 E. Main Street, Newark **Finding a Career That’s Right for You, Alfonse Mercante, M.Ed., LPCMH** – Monthly Meeting.



Elsewhere around the Country

September 21-23, 2001 Hyatt Regency Tech Center, Denver, CO **National Down Syndrome Congress 29th Annual Convention “Set Your Sights a Mile High”** For information contact 800-232-NDSC.

September 28-30, 2001 Georgia International Convention Center, College Park, GA **2001 The Curtain Rises Again – World Congress & Exposition on Disabilities** Attendance by individuals with disabilities and their families, professionals, caregivers, educators, therapists... For additional information contact by fax 201-226-1236 or visit www.wcdexpo.com .

October 1, 2001 Fond du Lac, WI **Autism – The Vision Connection Looking Beyond 20/20** This workshop is designed to show how vision affects stimulating, out bursts, eye contact, speech, sensory integration, etc. For additional information call 920-924-9898 or email info@achievers.wisconsin.org .

October 4-5, 2001 Princeton, NJ **Autism Spectrum Disorders: The “SCERTS” Model for Enhancing Communicative and Socioemotional Competence From Early Intervention to the Early School Years** Seminar offers a comprehensive model and specific strategies for assessing and enhancing the development of young children with ASD and for supporting families. For information contact 301-656-2190 or visit www.barryprizant.com .

October 5-7, 2001 Town & Country Resort & Convention Center, Princeton, NJ **Defeat Autism Now, DAN! 2001 Conference** Come and hear the world’s leading experts on the effective treatment of autism. To register call 609-921-6569 or visit www.DefeatAutismNow.com .

October 6-7, 2001 Portland, OR **Fam-**

ily Support: Blazing New Trails – 2nd Annual National Conference on Family Support Sponsored by the National Center for Family Support at Human Services Research Institute – focus on bringing together family members, practitioners, and policymakers from around the country to share ideas and help guide the future of family support. For additional info call 503-362-5682.

October 11-13, 2001 Marriot City Center, Denver, CO **11th Annual Division on Career Development and Training Conference – Transition: Exploring New Frontiers** Keynote speaker Tom Whittaker, conference will present informative discussions and presentations on critical issues facing children, adolescents and young adults with disabilities in preparation for adult life. For information contact 800-525-5788.

October 12-3, 2001 Crowne Plaza Hotel, Nashua/Amherst, NH **Things that Matter** A conference presenting respectful and state-of-the-art information about individuals with autism and related disabilities For information contact 603-424-5957.

October 14-17, 2001 Resort at Split Rock, Lake Harmony, PA **Family Involvement Conference XXVII – Family School and Community: Shaping Our Future** For information contact 570-455-8196.

October 18-19, 2001 Santa Clara Valley Medical Center **Symposium** for information visit www.php.com
October 23-26, 2001 Doral Palm Springs Resort, CA **CCFP Roundtable - 10th Annual CCFP Sponsors' Conference, Fuel for Early Learning** For information contact 925-686-0522

October 24-27, 2001 Radisson Hotel, New Orleans, LA **18th Annual Conference & Exhibit Show – Emerging Practices in Dual Diagnosis (and all that Jazz!)** Topics include new therapies, improving diagnostic practices, supporting sexuality, forensic issues and much more. For information 845-331-4336 or visit www.thenadd.org .

November 8-10, 2001 Hilton Anchorage Hotel, Anchorage, AK **2001 Path-**

ways: Steps to Unity, Parents, Inc. presents the 8th biennial conference for families and professionals of Alaska who care about people with disabilities. For information contact 800-478-7678.

November 9-11, 2001 Hilton McLean, Tysons Corner, VA **Autism and Disorders of Relating and Communicating “Breaking New Ground in Clinical Care”** Early detection and early intervention, advances in neuroscience and biomedical approaches, assessment and interventions of emotional functioning and more. For info call 301-656-2667.

November 13-15, 2001 Reno, Nevada **2001 Improving America's Schools Conference “Leaving No Child Behind”** For more information visit www.ncbe.gwu.edu/iasconferences .

November 14-17, 2001 Anaheim, California **2001 TASH Conference “Imaging the Future”**. For more information visit www.tash.org .

November 30-December 2, 2001 Renaissance Hotel, Washington, DC **Federation of Families for Children's Mental Health 13th Annual Conference**. More information to come.

January 10-11, 2002 Ramada Inn, Philadelphia International Airport, Philadelphia The Picture Exchange Communication System 2 Day Training Workshop. For more information call Pyramid Educational Consultants, Inc. at 368-2515.

January 16-19, 2002 Radisson Hotel, Orlando **ATIA 2002 Conference – Showcasing Excellence in Assistive Technology** Conference serves as a leading forum for a wide variety of professional presentations and discussion about new assistive technology, practical applications and services. For info call 877-OUR-ATIA or visit www.ATIA.org .

April 5-7, 2001 Philadelphia, PA **The International Parent to Parent Conference 2002**. For information visit www.parenttoparent.org .

April 22-25, 2002 Chicago area 9th **Bicennial National Conference - Family Support: The Time Has Come!** For additional information visit www.familysupportamerica.org or call 312-338-0900.

PEP
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parent meeting,
teacher
in-service or
staff training
with
informative
and
interactive
PEP sessions...
Parents and
Professionals as
Education
Partners
presented by
PIC.

See page 16!

DID YOU KNOW....?

★ **ING Direct**, the Wilmington based U.S. telephone and Internet banking unit of Dutch giant ING Group NV, has established the ING Direct Kids Foundation. The organization will benefit children's causes and help with financial education and mentoring of disadvantaged youth. The bank plans to build an endowment for the foundation during the next three to five years and contribute money and non-cash goods and services to recipients, while keeping expenses below 10% of revenue. It held its first fund-raiser in July. Grant applications will be available later this year at www.savekidsnow.org
(Source: News Journal)

★ **One of the first scientific studies of piracetam**, a psychoactive drug sometimes used to treat the cognitive effects of Down syndrome, indicates that the drug does not boost children's intellectual ability. In some of the study participants, piracetam was found to have side effects such as aggression, irritability and poor sleep. The study of 18 children ages 6 through 12 found no significant difference in mental function between those who took the drug and those who were given placebo pills. Each child received four months of piracetam and four months of placebo. Though parents of 11 children thought they seemed brighter or more focused on piracetam, intelligence tests showed no improvement compared with the placebo. The behavioral side effects of seven children suggested the drug has a stimulant effect, the researchers said.
(Source: NDSS "Update", Spring 2001)

★ The leading serious chronic illness of children today, asthma affects at least 8.6 million Americans under age 18. It accounts for about one in six pediatric emergency-room visits, and is the number one cause of hospitalization among children under 15. The good news is that with disease management education, children (with the help of their parents) can learn how to take charge of their asthma and be as active as their non-asthmatic friends. For more information about improving the lives of

children with asthma, contact **Christiana Care's Asthma Education Program** at 733-2562.
(Source: Christiana Care)

★ A new study suggests that a **virus causes or triggers some cases of schizophrenia**. An unexpectedly high level of retrovirus expression was found in the cerebrospinal fluid of individuals who had a recent onset of schizophrenia leading researchers to believe that the activation of certain retroviruses contributes to initial symptoms of some cases of schizophrenia.
(Source: Science News)

★ Dr. Daniel G. Amen reports that his latest research shows **six different variants of ADD**, and that a "one-drug-fits-all" therapy isn't right for any of them. After examining brain function with an imaging technique called SPECT, which measures brain blood-flow and activity patterns, Amen noted that when people with ADD try to concentrate, there is decreased activity, rather than the expected increase, in the part of the brain that helps with sustained attention, short-term memory, and forethought. In theory, stimulants work by increasing brain activity in that region of the brain. However, his examination showed six different brain patterns among people with ADD leading to different responses to stimulant treatment.
(Source: Science News)

★ An investigation of classroom performance has shown that **teens with ADHD improve their schoolwork and classroom behavior** when given a low dose of Ritalin (10 mg) combined with a behavior program that included training in note-taking and social skills, working in problem-solving groups, and attending history and creative-writing classes.
(Source: Science News)

★ According to research, **40% of the nation's children show coronary risk factors like high blood pressure, obesity, and high cholesterol**. While diet is partly to blame, so is lack of ex-

ercise. Children are involved in less physical activity than ever before. Physical education classes have been limited or eliminated in many schools, and as many as 4.5 after school hours each day involve watching television or videos or sitting behind a computer. Coupled with the fact that children consume 200 calories more each day than they did a decade ago, it is no wonder that many of today's children are overweight and at risk for a future of health problems. In addition to feeding children a variety of nutritious foods, set aside some time each day for physical activities such as: going on an adventure hike; playing on a swing set; taking a walk in the park; dancing in your living room; playing tag; washing a car; tossing bean bags or even sweeping a floor!
(Source: Potpourri 5/2001)

★ MetroKids, a resource publication for the Tri-State Region, is now publishing "**SpecialKids**" which is a resource specifically designed for families whose children have special needs. For information about receiving SpecialKids, contact 215-291-5560.

★ Every year, **2,500 babies are born in this country with neural tube defects**. The most common is spina bifida, or open spine, the leading cause of childhood paralysis. The Centers for Disease Control and Prevention estimates that if all women of childbearing age in the United States took 400 micrograms of folic acid every day, 50 to 70 percent of neural tube defects could be prevented.
(Source: March of Dimes)



BULLETIN BOARD

Do All Kids Belong in All Classes?
Eighth Annual Inclusion Conference

Thursday, November 15, 2001
8:30 am—3:15 pm

John M. Clayton Conference Center
Route 896 North, Newark

Presenters include:

Norman Kunc, Writer, speaker and disability rights advocate; **Kelly Fonner**, Advocate; Stacy Dymond, Professor University of Illinois; and **Brian Touchette**, Education Specialist with the DE Department of Education

For more information contact DATI at
1-800-870-DATI or 651-6790

New ADHD group in Georgetown

Children & Families First will be providing a 6-week group for parents and children with ADHD while simultaneously conducting a group for their children with ADHD.

Children should be developmentally between 5-9 years old.

Register by calling Kathy Shapter at 856-2388.

There is a registration fee of \$10.00, however, scholarships are available.

October 2—November 6, 2001
6:00 pm—7:30 pm

Sussex County Boys & Girls Clubs Have Opened Two New Locations!

Corner of East Market and King Streets
(behind Grace United Methodist Church)

Georgetown 856-4903

Trisha Mullins, Supervisor

454 Central Avenue

Laurel 875-1200

Mike Shinnors, Supervisor

Rt. 5 S. In Oak Orchard

Millsboro 945-2244

Millie Charnick, Supervisor

DE State Parent Advisory Council
22nd Annual Parent Conference

“A Vision of a Successful
Working Partnership”

Saturday, October 31, 2001

8:00 am—3:00 pm

DTCC/Wilmington Campus

What is Title I and How Does It Work?
State Tests and Accountability
Technology and More

Activities for children during conference!

Contact DSPAC: NCC 798-6574,
Kent 398-0616, Sussex 628-7776

Parent Information Center of Delaware

PEP Sessions

PARENTS AND PROFESSIONALS AS EDUCATION PARTNERS

Day/Date	Time	Topic	Location
Monday	7:00 p.m.	Who Is Parent Information Center of Delaware? -Learn	John S. Charlton School
Thursday 9/27/01	6:30 p.m.-8:30 p.m.	Basic Rights & IDEA: What it means to you! Overview of statutes/policies regarding the provision of educational	Delaware Tech Child Dev. Center, Rt. 18, Georgetown
Tuesday 10/09/01	6:30 p.m.-8:30 p.m.	What is Special Education? Just the Facts! Basic questions about special education will be answered.	Delaware Tech Child Dev. Center, Rt. 18, Georgetown
Wednesday 10/10/01	6:00 p.m.-8:00 p.m.	Family Support Network -Become empowered by joining a support network of parents whose children have special	PIC/DE Office 1046 S. DuPont Highway, Dover
Thursday 10/11/01	7:00 p.m.	Section 504 - What Is It, How Does It Apply To My Child? Hosted by Brandywine Valley CHADD	A. I. DuPont Hosp. for Children Rockland Road, Wilmington
Monday 10/15/01	6:45 p.m.	The SMART Individualized Education Program (IEP) Presented with Christina School District Special	Gauger Middle School 50 Gender Road, Newark
Thursday 10/18/01	6:30 p.m.-7:30 p.m.	Who Is Parent Information Center of Delaware? -Learn about who we are, what we do and how we can assist you.	PIC/DE Office 1046 S. DuPont Highway, Dover
Thursday 10/25/01	6:30 p.m.-8:30 p.m.	IFSP to IEP —Make a smooth transition from early intervention services to school and the individualized	Delaware Tech Child Dev. Center, Rt. 18, Georgetown
Monday 10/29/01	7:00 p.m.	The SMART Individualized Education Program (IEP) Learn how to develop SMART IEP goals/objectives.	John S. Charlton School Sorghum Mill Road, Dover
Tuesday 11/06/01	6:30 p.m.-8:30 p.m.	The SMART Individualized Education Program (IEP) Learn how to develop SMART IEP goals/objectives.	Delaware Tech Child Dev. Center, Rt. 18, Georgetown
Thursday 11/08/01	6:30 p.m.-8:00 p.m.	Effective Communication for Better Advocacy —Learn skills to improve communication and promote success.	PIC/DE Office 1046 S. DuPont Highway, Dover
Wednesday 11/14/01	6:00 p.m.-8:00 p.m.	Family Support Network -Become empowered by joining a support network of parents whose children have special	PIC/DE Office 1046 S. DuPont Highway, Dover
Tuesday 11/20/01	6:30 p.m.-8:30 p.m.	The Future Starts NOW! Transition from School To Adult Life Bilingual	Delaware Tech Child Dev. Center, Rt. 18, Georgetown
Wednesday 11/28/01	6:30 p.m.	The Future Starts NOW! Transition from School To Adult Life	PIC/DE Office 700 Barksdale Rd., Ste. 16,

Please **register** by calling the Parent Information Center of Delaware at (302) 366-0152 in New Castle County, (302) 674-0184 in Kent County, (302) 856-9880 in Sussex, Toll-free for families (888) 547-4412.

Parent Information Center of Delaware, Inc. is federally funded—all PIC activities are open to the public.

THANK YOU 2000-2001 Contributors to PIC!

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PIC PAGE - All about Delaware's Parent Training and Information Center

PIC becomes a United Way WRITE-IN Agency

As of September 1, 2001 the *Parent Information Center of Delaware* will no longer be an Affiliate Agency of the United Way of Delaware and Tri State. **We are now a WRITE-IN Agency.**

If you wish to designate your United Way contribution to the *Parent Information Center of Delaware*, kindly write the full name of our organization and our code number **725** in the Specific Care section of your pledge form.

Please know that your contributions to the *Parent Information Center* are essential in maintaining and enhancing the services we provide to children with disabilities and their families.

Thank you for your support!

What has PIC been doing this past year?

- ⇒ PIC received over 2,500 calls from parents and professionals
- ⇒ 2,000 professionals attended PIC informational sessions/workshops
 - ⇒ More than 6,000 individuals visited the PIC website
 - ⇒ Over 7,000 individuals have received material from PIC

PIC's Executive Director, Marie-Anne Aghazadian, accepts a check for \$1000.00 from the Mom's Club of Hockessin on 9/6/2001.

We are most appreciative to the Mom's Club for their generous donation!

JOIN Parent Information Center of Delaware TODAY!

MEMBERSHIP FORM

Your membership with the Parent Information Center of Delaware shows that you believe our unique services are needed, are of quality, and truly benefit families of children with disabilities and professionals throughout Delaware.

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Employer _____

Email Address _____

Annual Membership Dues—Subscription to “The LINK” included

\$15.00	Individual	<i>I am a:</i>	
\$30.00	Family	Parent	
\$50.00	Contributing	Educator	_____
\$75.00	Agency/Organization	Professional	_____
\$100.00	Sustaining	Consumer	_____
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\$500.00	Fairy God Parent	Other (specify)	_____
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The Parent Information Center of Delaware is a United Way WRITE-IN Agency.
If you wish to designate your United Way contribution to the Parent Information Center of Delaware,
kindly write
“Parent Information Center of Delaware” and
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The Parent Information Center of Delaware is a non-profit 501(c) (3) organization.
All contributions are tax deductible.



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