



The Parent Information Center of Delaware

Learning Opportunities and Programs

About the Parent Information Center of Delaware

The Parent Information Center of Delaware serves parents of children with diverse needs throughout the state. PIC has a unique role in Delaware as a federally mandated parent center. It serves to ensure that parents of children from birth to 26 with a broad range of disabilities (intellectual, physical, learning and emotional) receive necessary support to become their child's best lifelong advocate. PIC empowers parents to access the appropriate special education and related services their children require.



We help parents and caregivers by providing:

- One-to-one consultations that build advocacy skills with families of children with disabilities.
- Live workshops and webinars that empower parents with important information.
- Online media, like our website & weekly e-newsletter, that connect people to valuable resources instantly.
- Outreach to underserved families that grow confidence in accessing support and services.

Our mission:

To Advance Effective Parent Engagement in Education

Bring PIC to Your School, Community Group, or Faith-Based Organization...

...And Get Parents Engaged in Their Children's School Experience!

In English or Spanish — or both! PIC has bilingual staff available statewide. Live workshops can be presented simultaneously in English and Spanish.

Fees: Workshops, webinars, and audio conferences are free of charge or at minimal cost to families. A fee of \$150 per instructional hour plus materials fees is charged to professionals, unless the training is inclusive of families.

Support: Transportation and childcare stipends are available to eligible families. Persons in need of accommodations should make their request 3 weeks prior to event.

Event Registration: PIC manages all workshop and webinar registrations. We ask that individuals registered for an event who cannot attend provide a 24-hour cancellation notice. Event registration is available by calling 302-999-7394, toll free at 888-547-4412, or by visiting our website at www.picofdel.org

Workshop Levels: Most workshops are available for various degrees of parent expertise, from beginners to advanced learners. Some workshops can be customized for a group's unique interests.

Takeaways: Each workshop includes more than the presentation. Fact sheets, online resources, warm-up games, and question and answer time supports adult learners.

**To schedule a workshop, webinar, or series call
302-999-7394, toll-free at 888-547-4412 or visit www.picofdel.org**



Inform. Educate. Advocate.



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Learning Opportunities and Programs

Improving Communication with *All* Parents

Parents want to be part of their child's education, but often aren't sure just how to get involved. These workshops can be presented independently or as a series.

Communicating Effectively with School Staff

Topics covered:

- Sharing information effectively
- Identifying and communicating concerns
- Communicating in writing and listening strategies

Also offered in Spanish and webinar format

Know Your Child's Learning Style

Topics covered:

- Review of learning styles
- How learning styles influence behavior, academics
- Purposefully supporting and promoting learning

Also offered in Spanish and webinar format

Preparing for a Successful School Year

Topics covered:

- Tools parents can use to help their children throughout the school year
- Building strong home and school relationships

Also offered in Spanish and webinar format

Engaged Families Make a Difference

Topics covered:

- How families can be engaged in their child's education
- Establishing working relationships with teachers
- Resources to further improve home & school success

Also offered in Spanish and webinar format

Effective Advocacy Skills

Topics covered:

- Defining advocacy
- Developing effective parent advocacy skills
- Action plans that lead to positive outcomes

Also offered in Spanish and webinar format

Understanding Education in America & Delaware

Topics covered:

- The basics of the American education system
- How to access education in Delaware
- Roles of teachers, administrators and parents

Offered only in Spanish

Supporting Parents New to Special Education

For a number of parents, the process of evaluation and identification for special education can be confusing. These workshops help parents understand eligibility and parental rights for their child identified with a disability or healthcare need.

Eligibility for Special Education

Topics covered:

- Educational evaluation & process to determine if a child has a qualifying disability to receive special education services
- Eligibility requirements for special education services under federal and state law

Early Childhood Transition

Topics covered:

- The differences between services for children with disabilities between the ages of 0-3 (Child Development Watch) and those 3-21 years old (school based)
- The major difference between an Individual Family Service Plan (IFSP) and an Individual Education Plan (IEP)
- Preparing for meetings needed to transition from preschool

Also offered in Spanish and webinar format

What is Section 504?

Topics covered:

- The differences between Section 504 and Individuals with Disabilities Education Act (IDEA) regulations
- Using 504 plans to provide supports, services, and accommodations for behavior, learning or health-related issues

Also offered in Spanish and webinar format

Parental Rights Under IDEA

Topics Covered:

- Rights of children and parents under IDEA and Title 14 Delaware Code
- Procedural safeguards
- Federal and state resources for deeper learning

Also offered in webinar format



IEP Series

Supporting Parents as IEP Team Members

Parents are essential partners on the IEP team. Informed parents who understand the IEP process, goal-setting, and future planning can make all the difference in team success. These workshops help parents understand eligibility for special education for their child identified with a disability or special health care need and their own rights in the process.

Session 1: IEP Basics

Topics covered:

- Introduction to the Individualized Education Program and the “language” of special education
- Components of an IEP and use of data
- Understanding Present Level of Educational Performance (PLEP)

Also offered in Spanish and webinar format

For Parents of Older Students with Disabilities

The Transition IEP

Topics covered:

- The differences between the IEP & the Transition IEP
- The unique components of the Transition IEP
- Different services applicable to the Transition IEP

Also offered in Spanish and webinar format



“PIC helped me to understand my rights and taught me the special education language so that I can understand my IEP team better.”

Session 2: Developing Meaningful IEP Goals

Topics covered:

- Understanding what are “measurable and meaningful” goals
- Data systems (evaluations, academic and functional performance data) used to develop goals
- Recognizing and writing appropriate & measurable goals

Also offered in Spanish and webinar format

Session 3: Another Look at the IEP

Topics covered:

- Collaborative review of the IEP
- Are goals appropriate and measurable?
- Does the IEP reflect parent input?

Offered only as a live workshop, Spanish available

Session 4: Organizing Special Education Documents

Topics covered:

- Identification of critical documents
- How to develop a Student Snapshot
- Creating a task list for the school year

Offered only as a live workshop, Spanish available.

More “Need to Know” Workshops that Support Parent Engagement

Educational Rights of All Parents

Topics covered:

- School-wide and targeted instructional programs
- Response to Intervention (RTI)
- Rights of all students, as well as students with disabilities

Also offered in webinar format

Truancy and the Parents’ Role

Topics covered:

- Identifying precursors to truancy
- Regulations related to truancy
- Tools to help address truancy issues

Also offered in webinar format

Supporting Students with ADHD

Topics covered:

- How ADHD affects the student at school
- Strategies to support learning at home
- Accommodations and modifications

Also offered in webinar format

Resolving Conflicts with the IEP team

Topics covered:

- Procedural safeguards
- Formal conflict resolution, including mediation, state complaint and due process
- Easy and effective tools to communicate concerns

Also offered in webinar format

Discipline and Students with Disabilities

Topics covered:

- Child’s rights and school responsibilities related to suspension of special education students
- Understanding options for student removal from school
- Steps used in manifestation determination process

Also offered in Spanish and webinar format

302-999-7394

888-547-4412

www.picofdel.org



Call PIC today to launch parent engagement! *Inform. Educate. Advocate.*



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Learning Opportunities and Programs

Building an Inclusive School Culture to Support Student Success

Take Action Against Bullying

Parent-oriented topics covered:

- Warning signs of bullying
- Prevention tools to stop bullying
- Supporting the bullied child

Also offered in Spanish and webinar format

Raising your Grandchild

Topics covered:

- Emotional issues related to parenting a grandchild
- Understanding today's school expectations
- Legal and financial concerns that may arise

Also offered in webinar format

Computer Basics Series

Topics covered:

- Creating an email account through Gmail, saving documents, and accessing the internet
- Using the Home Access Center and understanding the information in HAC
- Communicating with your child's school and saving school documents

Offered only as a live workshop in Spanish or English

PIC has a set of portable computers and wireless access to allow this series in most locations statewide.

Autism at Home Workshop Series

Learn the basics of Applied Behavior Analysis

- Presented in collaboration with ABA professionals
- Learn how to build on skills learned at school
- Gain skills in applying ABA to home and community settings

Offered only as a live workshop

Family Leadership Academy Series

This two-day workshop and subsequent monthly meeting for interested graduates is designed to ignite passions for advocacy and activism.

Topics covered:

- Collaboration with other parents and organizations
- Conflict resolution skills
- Reframing agendas from personal to policy
- Understanding diversity in the community
- The legislative process
- Using technology and social media

Offered only as a live workshop



Accessing School and the World through AT

Topics covered:

- How Assistive Technology can help in the classroom
- Effectively implementing AT in IEP goals
- Planning for the next phase of life

Also offered in webinar format

Tiered Behavior Supports at School

Topics covered:

- School-wide Positive Behavior Support
- Basics of Individualized Behavior Support
- Parents' role in tiered supports

Also offered in webinar format

Transition Options for Young Adults

Topics covered:

- Preparing young adults with special needs for post high school employment or higher education
- Effectively accessing supports and services
- Planning for the next phase of life

Offered only as a live workshop

*Don't forget....
PIC has a variety of recorded
events on our website!
www.picofdel.org*

**Call PIC today to schedule a
workshop, webinar, or
series.**

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